



FIRST AID TRAINING COURSES

HLTAID001 PROVIDE CARDIOPULMONARY RESUSCITATION

The aim of this course is to provide students with the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. This course is suitable for the general public or anyone that may be required to provide CPR in a range of situations such as the community or workplace setting.

Duration: 1 Day (8 hours)

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

There are no prerequisites for this course.

Participants must have the physical abilities to perform CPR unassisted for 2 minutes on the floor. Participants who cannot perform unassisted CPR on the floor may be issued a Certificate of Attendance in lieu of the Statement of Attainment.

Who should attend?

This course is designed for all persons who seek the knowledge and skills necessary to maintain breathing and circulation in an adult, child or infant following cardiac arrest or any other serious medical incident where CPR may be required. This may be parents, childcare workers, teachers or any other individual. It is recommended that participants have year 10 level reading and writing capabilities. It is important to note that there are physical standards which relate to the level of performance required when undertaking accredited training.

One requirement of the training package is that you are to be assessed as physically capable of delivering CPR unassisted, on the floor, for 2 minutes. Students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued a Statement of Attainment, even if the qualification is a necessary part of their employment conditions.

Course Objectives and Content

- Recognise an emergency and assess for hazards
- How to identify and minimise hazards to self and others
- Assess the casualty and recognise the need for CPR
- Seek assistance from emergency response services
- Perform CPR procedures
- Perform cardiopulmonary resuscitation in accordance with ARC guidelines
- Display respectful behaviour towards casualty
- Operate automated external defibrillator (AED) according to manufacturers instructions
- Communicate details of the incident
- Accurately convey incident details to emergency response services
- Report details of incident to workplace supervisor as appropriate
- Maintain confidentiality of records and information in line with statutory and/or organisational policies

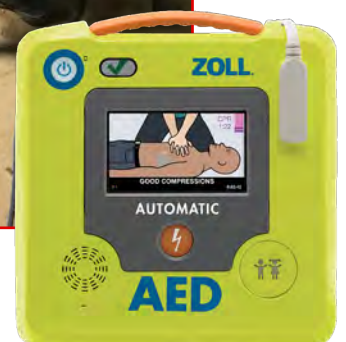
Qualifications for Successful Participants

Statement of Attainment in:

HLTAID001 Provide cardiopulmonary resuscitation

Recognition of Prior Learning

Recognition of prior learning and/or credit transfer is not available for this course as it is expected that all participants will be new entrants.



PROVIDE FIRST AID & CPR

This course provides participants with the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Duration: 2 Days (16 hours) (8 hours pre-course learning and 8 hours face-to-face)

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

There are no prerequisites for this course.

Participants must have the physical abilities to perform CPR unassisted for 2 minutes on the floor. Participants who cannot perform unassisted CPR on the floor may be issued a Certificate of Attendance in lieu of the Statement of Attainment.

All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This First Aid course is nationally accredited providing participants with the qualification to be a First Aid representative in many workplaces and other required situations. The course we deliver is highly practical and focused on real life safety scenarios that you can put into practice.

It is recommended that participants have year 10 level reading and writing capabilities. It is important to note that there are physical standards which relate to the level of performance required when undertaking accredited training.

Students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued a Statement of Attainment, even if the qualification is a necessary part of their employment conditions.

Course Objectives and Content

- Recognise an emergency and assess for hazards
- How to identify and minimise hazards to self and others
- Assess the casualty and recognise the need for CPR
- Seek assistance from emergency response services
- Perform CPR procedures
- Perform cardiopulmonary resuscitation in accordance with ARC guidelines
- Display respectful behaviour towards casualty
- Operate automated external defibrillator (AED) according to manufacturers instructions
- Communicate details of the incident
- Accurately convey incident details to emergency response services
- Report details of incident to workplace supervisor as appropriate
- Maintain confidentiality of records and information in line with statutory and/or organisational policies.
- First aid procedures for bleeding, burns and fractures
- Managing medical conditions such as anaphylaxis, asthma and seizures
- Managing medical emergencies such as snake/spider bites, poisons and choking
- Infection control procedures
- Managing exposure to extreme temperatures
- Administering first aid for eye & soft tissue injuries
- Assessing and moving sick & injured
- Legal responsibilities of a first aider
- Basic anatomy and physiology
- Choking
- Anaphylaxis treatment
- Envenomation treatment
- Managing shock

Qualifications for Successful Participants

Statement of Attainment in:

HLTAID001 Provide cardiopulmonary resuscitation

HLTAID003 Provide first aid



Recognition of Prior Learning

Recognition of prior learning and/or credit transfer is not available for this course as it is expected that all participants will be new entrants.

PROVIDE ADVANCED FIRST AID & RESUSCITATION



This course provides a set of skills to provide an advanced first aid response in the event of an emergency. It is relevant for personnel who are the designated first aiders, particularly those working in manufacturing, construction, mining or any occupation involving hazardous work. This course is conducted face-to-face over the period of 3 days. The course we deliver is highly practical and focused on real life safety scenarios that you can put into practice.

Duration: 3 Days (24 hours)

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

There are no prerequisites for this course.

Participants must have the physical abilities to perform CPR unassisted for 2 minutes on the floor. Participants who cannot perform unassisted CPR on the floor may be issued a Certificate of Attendance in lieu of the Statement of Attainment.

All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This unit applies to workers who may be required to use specialised equipment to provide resuscitation in a range of complex situations, including community and workplace settings.

It is also relevant for designated first aiders, especially those working in manufacturing, construction, mining or any occupation involving remote or hazardous work. This may include any person from entry level to senior management.

It is recommended that participants have year 10 level reading and writing capabilities. It is important to note that there are physical standards which relate to the level of performance required when undertaking accredited training.

Students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued a Statement of Attainment, even if the qualification is a necessary part of their employment conditions.



Course Objectives and Content

- Legal and other requirements
- Basic Life Support (DRSABCD)
- CPR and AED, including BVM
- Abdominal injuries
- Allergic reaction
- Anaphylaxis
- Bleeding and wound care
- Burns, including thermal, chemical, friction and electrical
- Cardiac conditions
- Choking and airway obstruction
- Crush injuries
- Diabetes
- Drowning
- Emergency childbirth
- Envenomation
- Extremes of heat and cold
- Eye and ear injuries
- Head, neck and spinal injuries
- Levels of consciousness
- Musculoskeletal injuries: fractures and dislocations, strains and sprains
- Needle stick injuries
- Poisoning and toxic substances
- Respiratory distress, including asthma
- Seizures/Convulsions
- Shock management
- Stroke
- Substance misuse
- Vital Signs

Qualifications for Successful Participants

Statement of Attainment in:
HLTAID006 Provide advanced first aid
HLTAID007 Provide advanced resuscitation



Recognition of Prior Learning

Recognition of prior learning and/or credit transfer is not available for this course as it is expected that all participants will be new entrants.

HLTAID007 PROVIDE ADVANCED RESUSCITATION

This course deals with the skills and knowledge to understand the safety requirements when handling an Automated External Defibrillator (AED), the skills to use an AED within the first minutes after a cardiac arrest, as well as skills and knowledge to safely perform oxygen therapy and resuscitation in the workplace and community. This course is delivered face-to-face.

Duration: 4 hours

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

There are no prerequisites for this course.

Participants must have the physical abilities to perform CPR unassisted for 2 minutes on the floor. Participants who cannot perform unassisted CPR on the floor may be issued a Certificate of Attendance in lieu of the Statement of Attainment.

All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This unit applies to workers who may be required to use specialised equipment to provide resuscitation in a range of complex situations, include community and workplace settings.

It is also relevant for designated first aiders, especially those working in manufacturing, construction, mining or any occupation involving remote or hazardous work. This may include any person from entry level to senior management.

It is recommended that participants have year 10 level reading and writing capabilities. It is important to note that there are physical standards which relate to the level of performance required when undertaking accredited training.

Students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued a Statement of Attainment, even if the qualification is a necessary part of their employment conditions.

Course Objectives and Content

- The importance of Defibrillation
- Safety procedures when using AEDs
- Administering automated external defibrillation
- Use of oropharyngeal airway devices
- Benefits of oxygen administration
- Safe procedures when using medical oxygen equipment
- Administering oxygen therapy to a spontaneously breathing patient
- Resuscitation of a non-breathing casualty using ventilation, soft bag and mask and manually triggered oxygen powered devices

Qualifications for Successful Participants

Statement of Attainment in:
HLTAID007 Provide advanced resuscitation



Recognition of Prior Learning

Recognition of prior learning and/or credit transfer is not available for this course as it is expected that all participants will be new entrants.

HLTSS00027 OCCUPATIONAL FIRST AID SKILL SET

This Occupational First Aid course provides the skills to establish, maintain and facilitate the provision of appropriate first aid in a workplace environment, including the skills to provide an emergency first aid response in the event of an emergency. This course takes participants to a higher level of training and is designed for First Aiders to manage patient care until the arrival of an Ambulance during complex incidents and emergencies. Students will also be required to carry out practical application of first aid methods during this course. This course is completed face-to-face over the period of 4 days.

Duration: 4 Days (32 hours)

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

Participants must have the physical abilities to perform CPR unassisted for 2 minutes on the floor. Participants who cannot perform unassisted CPR on the floor may be issued a Certificate of Attendance in lieu of the Statement of Attainment.

All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This course is aimed at persons who may be required to be a first responder in a workplace in the event of a medical episode or workplace accident. This may include anyone from entry level to senior management.

It is recommended that participants have year 10 level reading and writing capabilities. It is important to note that there are physical standards which relate to the level

of performance required when undertaking accredited training.

Students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued a Statement of Attainment, even if the qualification is a necessary part of their employment conditions.

Course Objectives and Content

- First Aid Overview
- Advanced Resuscitation
- Oxygen Therapy & Resuscitation
- Advanced Airway Management
- Defibrillator Usage
- Managing a first aid room
- Blood Pressure & Vital Signs
- Eye, Head & Abdominal Injuries
- Recording patient care
- Occupational Illnesses
- Medications & Pharmacology
- Workplace Hazards
- Psychological Emergencies

Qualifications for Successful Participants

Statement of Attainment in:

HLTAID006 Provide advanced first aid
HLTAID007 Provide advanced resuscitation
HLTAID008 Manage first aid facilities



Recognition of Prior Learning

Recognition of prior learning and/or credit transfer are not offered for this course as it is anticipated that all participants will be new entrants to this course of study.