

HEIGHT SAFETY TRAINING COURSES



RIIWH204D WORK SAFELY AT HEIGHTS

The aim of this course is to provide students with the comprehensive understanding of how to correctly use fall protection equipment in a range of environments. Following training, students will be able to identify the hazards of work at height, understand key legislation, and understand the various categories of personal fall prevention and protection equipment including their characteristics and limitations. Students will also be required to carry out pre and post user inspections of all equipment.

Duration: 1 Day (8 hours)

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

There are no prerequisites for this course. All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This course is aimed at all persons who are required to perform any work at heights activities where there is a requirement to utilise personal fall arrest equipment. It is recommended that participants have year 10 level reading and writing capabilities.

Course Objectives and Content

- Understanding of height safety legislation and standards
- How to perform risk assessments and control measures
- How to recognise suspension trauma
- Pre and post use inspection of all personal fall arrest equipment
- How to identify and correctly fit a fall arrest harness
- Demonstrate fall restraint, work positioning and fall arrest techniques
- Anchor point selection and inspection
- Correct rigging of anchorage slings
- Use of self retracting lifelines
- Demonstrate an industrial rescue technique (Additional element if appropriate facility available)

Qualifications for Successful Participants

Statement of Attainment in:
RIIWH204D Work safely at heights

Recognition of Prior Learning

Recognition of prior learning and/or credit transfer is not offered for this course as it is anticipated that all participants will be new entrants to this course of study.



PROVIDE TELECOMMUNICATION SERVICES ON ROOFS



The aim of this course is to provide students with the comprehensive understanding of safe work practices when installing or repairing telecommunications equipment on roof structures. It applies to individuals employed as technicians and installers who are required to safely install or repair telecommunications equipment on roof structures.

Duration: 1 Day (8 hours)

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

There are no prerequisites for this course.

All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This course is designed for all persons who are required to install or repair telecommunications equipment on roof structures at heights. This may include anyone from entry level to senior management. It is recommended that participants have year 10 level reading and writing capabilities.

Course Objectives and Content

- Understanding of height safety legislation and standards
- How to perform risk assessments and control measures
- How to recognise suspension trauma
- Pre and post use inspection of all personal fall arrest equipment
- How to identify and correctly fit a fall arrest harness
- Demonstrate fall restraint, work positioning and fall arrest techniques
- Safe use of tools and materials
- Loads on roof surfaces
- Installing roof safety systems
- Anchor point selection and inspection
- Correct rigging of anchorage slings
- Use of self retracting lifelines

Qualifications for Successful Participants

Statement of Attainment in:

ICTWHS201 - Provide telecommunications services safely on roofs

RIIWHS204D - Work safely at heights



Recognition of Prior Learning

Upon enrolment, you may wish to apply for recognition of prior learning and/or credit transfer for units of competency already completed. You may email a copy of certificates related to prior learning to training@heightsafety.net. Based on that evidence the course may be modified based on your previous knowledge. There is a currency requirement to be met in order to demonstrate current skills. The outcome of your application will be notified to you in writing within 14 days of initial application.



HEIGHT SAFETY SUPERVISOR

As outlined in the standard successful participants of this Height Safety Supervisor course will have the ability to perform height safety work unsupervised, be able to supervise other height safety operators, and be able to lead or participate in first response rescue.

Duration: 3 Days (24 hours)

Student/Trainer Ratio: 6:1

Prerequisites + Entry Requirements

There is a prerequisite for PUASAR022 Participate in a rescue operation:

- HLTAID003 Provide first aid

Participants must be able to present the Statement of Attainment for verification prior to course commencement. Please email your Statement of Attainment to training@heightsafety.net upon successful enrolment. Participants who cannot present evidence of prerequisite qualifications will not be able to participate in the Rescue portion of the course. All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This intensive training course has been built and designed for supervisors of teams working at height. It gives participants an in-depth understanding of height safety equipment as well as the skills to understand pre-rigged workplace height safety rescue kits and the versatility of rescue kits in the workplace.

Course Objectives and Content

- WHS Act & Regulations, Codes of Practice and Australian Standards
- Risk management and Legal requirements
- Categories of a Fall Protection System (Restraint technique, work positioning and fall arrest)
- Inspection requirements
- Anchorage requirements and redirection anchor forces
- Types, designs and correct use of fall protection harnesses
- Detailed understanding and discussions of lanyards and self-retracting lifelines
- Tripods, davits, RPD's, personal winches and retrieval winches discussions
- First man up system uses
- Setting up temporary vertical and horizontal safety lines
- Importance of rescue plans
- Practical skills in a range of rescue situations and techniques
- Building and implementing a height safety and rescue plan

Qualifications for Successful Participants

Statement of Attainment in:

RIIWH204D Work safely at heights

PUASAR022 Participate in a rescue operation

Recognition of Prior Learning

Upon enrolment, you may wish to apply for recognition of prior learning and/or credit transfer. You may email a copy of certificates related to prior learning to training@heightsafety.net. Based on that evidence the course may be modified based on your previous knowledge. There is a currency requirement to be met in order to demonstrate current skills. The outcome of your application will be notified to you in writing within 14 days of initial application.



RIIWH204D WORK SAFELY AT HEIGHTS – REFRESHER



The aim of this refresher course is to provide students with the comprehensive understanding of how to correctly use fall protection equipment in a range of environments. Following training; students will be able to identify the hazards of work at height, understand key legislation, and the various categories of personal fall prevention and protection equipment including their characteristics and limitations. Students will also be required to carry out pre and post user inspections of all equipment.

Duration: 4 – 6 hours

Student/Trainer Ratio: 10:1

Prerequisites & Entry Requirements

This is a refresher course. It is expected that participants will have held this unit of competency for a minimum of 12 months and no more than 3 years. A copy of this qualification must be provided as evidence prior to the commencement of the course.

Participants must be able to present the Statement of Attainment for verification prior to course commencement. Please email your Statement of Attainment to training@heightsafety.net upon successful enrolment. Participants who cannot present evidence of prerequisite qualifications will not be able to participate and will need to complete the initial full day course.

All students must be eligible to receive nationally recognised training within Australia and provide a valid Unique Student Identifier (USI) upon enrolment.

Who should attend?

This course is aimed at persons who already hold the unit of competency RIIWH204D Work safely at heights and are required to perform any work at heights activities where there is a requirement to utilise personal fall arrest equipment.

It is recommended that participants have year 10 level reading and writing capabilities.

Course Objectives and Content

- Understanding of height safety legislation and standards
- How to perform risk assessments and control measures
- How to recognise suspension trauma
- Pre and post use inspection of all personal fall arrest equipment
- How to identify and correctly fit a fall arrest harness
- Demonstrate fall restraint, work positioning and fall arrest techniques
- Anchor point selection and inspection
- Correct rigging of anchorage slings
- Use of Self retracting lifelines
- Demonstrate an industrial rescue technique (Additional element if appropriate facility available)

Qualifications for Successful Participants

Statement of Attainment in:
RIIWH204D Work safely at heights



Recognition of Prior Learning

Recognition of prior learning and/or credit transfer is not offered for this course as this is a refresher course only.